



PARC*Pulse*

September 2025

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Come Walk with PARC on Sept. 20!



Ready to walk with PARC? The 24th Annual Helen & Danny Coughlin Walk will be held on Sept. 20 at Norton Park. This fundraiser is a perfect way to bring together our members, families, supporters, and the community!

Meet us at 9am to register and join in the festivities! Opening ceremonies will begin at 10am followed by the walk. The event will also include music with BBPro, Valentine the Clown, gift baskets, and don't forget the chili contest! Cost is \$30 per person or \$15 for a PARC member or student. Just register at the walk! All proceeds go to PARC.

This popular walk is named in memory of a PARC founder and her son who was one of the first members. This year we are honoring Ben Swift, longtime board member, volunteer and supporter. The event rain date is Sept. 27 and, if necessary, an update will be posted on our Facebook page ([PARC, Inc.](https://www.facebook.com/parcinc)) and website www.parcdisabilitiesct.org.



Save Your Cans & Bottles for Our Drive on Oct. 4!

Cindy Muller was a beloved member of Plainville Family Resource Network, the Plainville Community Schools family, and PARC. In her memory, the Cindy Sunshine Campership Fund has been established at PARC in order to ensure that children with developmental disabilities will be able to attend summer Camp Trumbull regardless of ability to pay.

And to support the fund, PARC will be having a can and bottle drive on Saturday, Oct. 4, from 9am to 12pm, at our building, 28 E. Maple St. in Plainville! See you there!

Since 1957, PARC, Inc., has advocated and protected the human rights of people with intellectual and developmental disabilities. PARC serves more than 50 people ages 10 to 80 from Plainville and nearby towns. Need more info? Call the office at (860) 747-0316 or email edonovan@parcdisabilitiesct.org! Visit us on Facebook (PARC, Inc.) or www.pardisabilitiesct.org