



PARCPulse

Summer 2025

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Presenting Camp Trumbull 2025

The first day of Camp Trumbull on June 30 was a HUGE success - our campers and counselors have already enjoyed four weeks of summer fun! They've celebrated Shark Week, toured the fire department and met a Bristol K-9 officer and handler.

Thank you, Plainville Community Fund!

In 2006, the Plainville Community Fund was established at Main Street Community Foundation by a group of Plainville community leaders to enhance the quality of life for local residents. This year, a total of \$15,800 was awarded to eight local nonprofits and we are excited to say that PARC was one of the recipients! Thank you so much for your generous \$3,000 grant; it will go a long way in supporting the programs PARC offers for our members with developmental disabilities.



PARC Showcased at State Capitol Day

From PARC Executive Director Erica Donovan: For almost 10 years, it has been my professional goal to lobby for education, rights, and improved services for people with developmental disabilities. On May 28, I was officially a "lobbyist" as I represented PARC in the lobby of the State Capitol. I'm so grateful - professionally and personally - to State Rep. Rebecca Johns Martinez for providing this opportunity for me to use my voice for our members!

PARC Family Cookout Success!

Our annual family cookout was terrific on June 12 - So many friends, so much good food - it was a great night together! It truly showed how our members, families, supporters, staff and board are one amazing PARC Family!



See next page for more news



All About Horses



Far left: Our friends at Shepard Meadows in Bristol always provide our members with a terrific experience. Our most recent visit was in June and we plan for many more! Left: Speaking of horses, our members had such fun using their creativity to design and make their own special Derby hats, then competed in seated "horse" racing!



Bingo Fun-Raiser!

Our friend and longtime supporter, Antonella Calabrese, coordinated a terrific Bingo night fundraiser for PARC in June. This was SUCH fun - some of our own members attended and even won! Thank you, Antonella!



Gear Up for the Walk on Sept. 20!

Ready to walk with PARC? The 24th Annual Helen & Danny Coughlin Walk will be held on Saturday, Sept. 20 at Norton Park. This fundraiser is a perfect way to bring together our members, families, supporters, and the community. The registration forms will soon be available for our website. Watch for details! Please note: We need donations of gift baskets or gift basket items. Contact PARC if you can contribute. Thank you!

Investing in PARC's Future

Do you love bowling? Have a soft spot for music in your heart? BIG fan of pizza? Our PARC members answer "yes" to all of those questions, and now you can share your support with them! Please consider investing in your neighbors, friends, family members, and coworkers with developmental disabilities by becoming a sponsor! Click here to learn more or email edonovan@parcdisabilitiesct.org.

It's always the right time to donate to PARC!



over 65 years, PARC has been providing family-centered services for people with intellectual disabilities. Our membership has recently grown from 15 to more than 50 individuals who are from Plainville, New Britain, Southington, Bristol, and other area towns. Donate at www.parcdisabilitiesct.org or click on the QR code to the left. PARC is a 501 (c)(3) organization. Thank you!



The PARC Community Sponsor Program

The PARC Community Sponsor Program is your opportunity to make a significant impact on people with developmental disabilities in Plainville, Southington, Bristol, New Britain, Farmington, and Cheshire. Take a look at some of our programs that YOU can support!

Saturday Bowling

Our members gather weekly at Lessard Lanes for two hours of bowling, snacks, and recreation. Teamwork, sportsmanship, and independence are fostered here!

Music Therapy for Seniors

The Golden Gang group of seniors enjoys monthly programming with a licensed music therapist, leading to improved cognition, memory, and even sleep!

Monthly Dinners Out

Everyone loves going out to dinner, and our members get that opportunity monthly! This activity teaches skills like ordering and interacting with employees, making choices independently, and social etiquette.

When you're ready to enhance the quality of life for people in our community with developmental disabilities, please visit www.parcdisabilitiesct.org