



August 2025

Dear PARC members and families,

As we start the last month of Summer, I thought I'd give you a bit of an update and some highlights of what goes on at PARC.

- Because we've had such huge growth, we're in the early stages of planning an addition to our building. Our State Rep., Rebecca Martinez, has been a huge help, and we've been given \$50k by the State of CT to get us going. We have a long way to go with fundraising for it, but it's a GREAT start!
- In order to provide the services and programming to our members, my work has been mainly focused on getting grants and other financial support. Our fundraising provides our **FREE** activities such as:
 - Adult Life Skills classes for those who are working toward independence
 - Tween Night parties to address the needs of that age group
 - Golden Gang program for our Senior members
 - Summer Camp Trumbull
 - Education and enrichment activities like monthly dinners out, music therapy, adaptive yoga, healthy cooking, STEM experiments, and **FREE** weekly bowling

All of this is provided to our members and families **free of charge**, and we are happy to keep it that way. However, we do need your help. As the Walk and Bowling events are coming up, we're asking for donations of raffle prizes. If you've got anything new that's not being used that would be right for a raffle, we'll take it! You can also help by letting us know if your (or anyone in your family) has an employer who matches donations. This is FREE money for us, and I can help with any paperwork - just let me know! Lastly, we're asking you to spread the word about PARC. We have brochures available, and I'll also be sending an email with our Community Sponsorship information. This can be easily shared via email or social media.

We appreciate your assistance in helping us ensure we can continue to provide our tremendous services to our members!

Erica Donovan, Executive Director

PARC, Inc.
28 E. Maple Street
Plainville, CT 06062

860-747-0316
www.parcdisabilitiesct.org
edonovan@parcdisabilitiesct.org

