



PARC Pulse

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December 2024

Introducing Our Member Spotlight: Riley D.

Riley D. has been with PARC for two years and has found his "place"! Riley loves going to Camp Trumbull to hang out with his friends and he loves fun activities like Tween Night. "I feel happy [at PARC] because I feel welcome here. I also feel appreciated. Thanks, Riley!"



Year-End Message from Our Executive Director

What a year! Our staff and Board have worked hard to ensure that activities presented to our members of all ages are relevant, engaging, and fun, and feedback from members and families have proven we've done our job! Our members value events like Casino Night, live music, and adaptive yoga as well as opportunities to socialize and embrace their individual capabilities. As we close 2024, I want to thank all of our supporters, friends, and volunteers for believing in the work PARC does and being a part of it. Whether you're an event sponsor, a participant, an activity volunteer, or even someone who interacts with us on social media, I appreciate you. Our members appreciate you. Our staff and Board appreciate you. YOU make a difference in our community. All the best for a happy, healthy, and safe 2025! – Erica Donovan, *executive director*



Celebrating the Holidays!

We had an amazing holiday party at the Wheeler YMCA which enabled us to include not only our members but families and staff for the first time in years! Thank you to everyone who made it possible!



Our Golden Gang enjoyed their own holiday party!

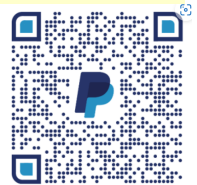
Bowling Classic Wrap-Up

The 21st Annual Robinson Thanksgiving Bowling Classic was a great success! Lessard Lanes was packed to capacity with 140 bowlers enjoying music, bowling, hot dogs, prizes, and friendship on Nov. 23. What a great, fun, high energy event! And kudos to Lessard Lanes for making it possible and supporting PARC throughout the year!

Make Your Holiday Donation Now!

It's always a good time to donate to PARC. So now you can wish PARC "Happy Holidays" by making your

donation – just click on the QR code! We thank you!



Donate Here!



For over 65 years, PARC has been providing family-centered services for people with intellectual disabilities. Interested in supporting PARC? To donate, visit our website www.parcdisabilitiesct.org or click this barcode. PARC is a 501 (c)(3) organization.