



# PARC Pulse

January 2025

28 E. Maple St., Plainville, CT 06062    parcdisabilitiesct.org    860/747-0316

## We Celebrate Our Community Partners!

### Thank you, Tower Energy!

Just a quick thank you to our friends at Tower Energy! We recently had an issue with our heating system, and Jerry and his amazing team at Tower Energy right here in Plainville helped us quickly, efficiently, and generously. What a terrific community-minded company! ([myhomeenergyct.com](http://myhomeenergyct.com))



[www.myhomeenergyct.com](http://www.myhomeenergyct.com)

### Thanks to Shepherd Meadows!



Our friends at Shepherd Meadows in Bristol recently received a grant for programming and generously reached out to PARC to offer a visit! Our members spent a wonderful Saturday morning at Shepherd Meadows connecting with, grooming, and learning about horses. This was a magnificent experience for our members, as most wouldn't have otherwise had the opportunity to make friends with horses. Thanks, Shepherd Meadows!

### Looking Ahead to 2025

Happy New Year! This time of year, I always love thinking about what sorts of adventures could be awaiting; I know we have plenty at PARC! Our activities and programming are undergoing continued upgrading, and we've got our most clever minds working on some really special things for our members. Casino Night is always a favorite and will be coming up in early Spring, and we've got more live music and community volunteers offering to share their hobbies and expertise. PARC is so proud to be such a vital part of improving the lives of our members, and we're excited for a fun and educational 2025!

- Erica Donovan, *executive director*

### Wish PARC a Happy New Year!

Want to wish PARC "Happy New Year" by making a donation? Your generosity enables to continue providing educational and social activities for our individuals. Just click on the QR code - We thank you!



Donate Here!

### You're Invited: Valentine's Day Celebrity Gala

Tickets are now on sale for the Valentine's Day Celebrity Gala - a "super-prom" for neurodivergent adults on Feb. 14 from 6 to 10pm at the Aqua Turf Club in Plantsville. Members of PARC and other local organizations serving specially abled individuals are welcome. Cost is \$20pp. For more information or to volunteer or to purchase tickets, visit [www.valentinesdaycelebritygala.com](http://www.valentinesdaycelebritygala.com)



For over 65 years, PARC has been providing family-centered services for people with intellectual disabilities. Interested in supporting PARC? To donate, visit our website [www.parcdisabilitiesct.org](http://www.parcdisabilitiesct.org) or click this barcode. PARC is a 501 (c)(3) organization.