



January 2025

Dear PARC members and families,

It's about to be a new year, and we've got some really exciting things planned!

Enclosed is the January calendar. You'll notice that on Saturday, January 11, instead of bowling, we've made arrangements to visit the Sheppard Meadows Equestrian Center. Some of our members have been there before, and we wanted to offer it to everyone. Shepard Meadows is located at 733 Hill Street in Bristol. Following are some important details:

- Transportation will not be provided. Any member who'd like to attend will need their own transportation.
- This is NOT a horseback riding activity, but rather an opportunity to spend time with the horses, groom and brush them, feed them, and get hands on time.
- Enclosed is a waiver form that MUST be completed for anyone attending. Please have your member bring the completed form with them on the day.
- This is an outdoor activity, so please dress warmly. Boots are a must - no fancy shoes!

The folks at Shepard Meadows are wonderful and have a lot of experience working with adaptive programming, so we know this will be a great opportunity for our members. Don't miss it!

All the best,

Erica Donovan
Executive Director

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