



# PARC Pulse

28 E. Maple St., Plainville, CT 06062    parcdisabilitiesct.org    860/747-0316

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## Welcome from Our Executive Director

Summer is here and we've got so much happening! Camp Trumbull will begin July 1, we've just celebrated a team member who has been working with us for 10 years, and we're in full swing with picnics and baseball games - all the summer things! We've got big plans and continued growth coming. All of our members with developmental disabilities are thriving, and we're looking forward to a terrific season. We'll keep you posted with all the fun!

- Erica Donovan, executive director



### Thank you for your generosity!

PARC, Inc. would like to thank the Main Street Community Foundation Plainville Fund for its continued support of our programs! Your contributions enable us to fulfill our mission to provide advocacy, inclusion and activities for people with developmental disabilities. Chris Sullivan, PARC board president, accepted the donation on June 11.

### United Way Day of Caring Freshens Up PARC



We are SO grateful to the United Way Day of Caring and the team at Tracy-Driscoll insurance in Bristol for the help in May. Our

building has been painted the members' favorite yellow and looks absolutely terrific! See more photos of our activities and news on Facebook at PARC, Inc.



### Activities Spotlight

Our Golden Gang gets into the groove during a music therapy session. The "gang" of older members meets weekly for a variety of fun and life-enriching activities.



### Save the Date!

Sept. 21 for our Helen Coughlin Memorial Walk at Norton Park!

For over 65 years, PARC has been providing family-centered services for people with intellectual disabilities. Interested in supporting PARC? To donate, visit our website [www.parcdisabilitiesct.org](http://www.parcdisabilitiesct.org) or you can reach us at 28 E. Maple St., Plainville, CT 06062. PARC is a 501 (c)(3) organization.

